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## FOR IMMEDIATE RELEASE

*College Student Pens First Children's Book Amidst the Pandemic*

LOS ANGELES – Foreword Publicity announces the release of *Who Are Our Heroes?: A Reminder to Say "Thank You" in the Time of Coronavirus and Beyond* by Eliana Melmed.

The timely, rhyming picture book highlights the everyday heroes (mail carriers, teachers, grocery store workers, doctors, and more) who make it possible for society to continue to function during this time of crisis. Written from the perspective of a young child spending time indoors, the story focuses on the incredible individuals who continue to contribute their time, effort and resources to ensure that life can continue to go on.

"I hope this story gives kids the nudge they need to recognize those in their lives who deserve appreciation," said Melmed, a college senior and first-time author said. "This story puts a much-needed, refreshing spin on today's new normal."

*Who Are Our Heroes?* was recently read aloud by Jaime Lee Curtis on Instagram as part of Jennifer Garner's "Save with Stories" social media movement to provide fun and educational content for kids while they were stuck at home.

Melmed is a senior at the University of Chicago. She's loved reading and writing since she can remember and has journaled nightly for almost 10 years. When the pandemic hit, Melmed decided to write this book after watching the daily sacrifices made by her father, a gastroenterologist and medical researcher, and her uncle, a truck driver, who spent weeks delivering toilet paper across the country. She hopes that her book inspires children and adults alike to spend a little bit more time recognizing and thanking their heroes for continuing to work through these tough times.

"Despite the terrible situation, I wanted to find a way to reach a young audience in order to help children recognize and appreciate the positive influences and people around them," Melmed said.

Follow Eliana Melmed on Instagram: [@whoareourheroes](https://www.instagram.com/whoareourheroes). Learn more at [whoareourheroes.com](http://whoareourheroes.com).

To set up an interview, reading, signing, or for information regarding *Who Are Our Heroes?*, please contact Aly Bourque at [aly@forewordpublicity.com](mailto:aly@forewordpublicity.com) or Lori Orlinsky at [lori@forewordpublicity.com](mailto:lori@forewordpublicity.com).

*Who Are Our Heroes?: A Reminder to Say "Thank You" in the Time of Coronavirus and Beyond* (ISBN: 979-8444198474) is available on Amazon.

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